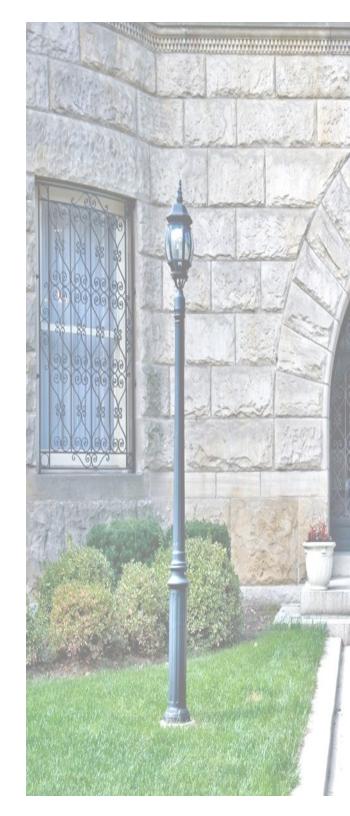
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-MARCH-

Office of Executive Director/Minister

Executive Director/Minister Robert Cochran Ext 214

Office of Empowering Congregations Minister to Empower Congregations Starlette Thomas Ext 205

Loretta Polite-Shipman

Ministry and Missions Services Assistant Ext 213

Office of Administration and Stewardship

Chief Operations Officer Lashanor Doolittle Ext 203

Fam SaeChao Chock

Accounting and Administrative Specialist Ext 206

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Ministry Assistant Ext 204

Saul Garcia

Building Maintenance Ext 212

Robin Foulk

JBCC Building Coordinator Ext 215



1628 16th Street NW 202.265.1526 (office)

/ill You Give Today?



Vention
th Street, NW ton, DC 20009

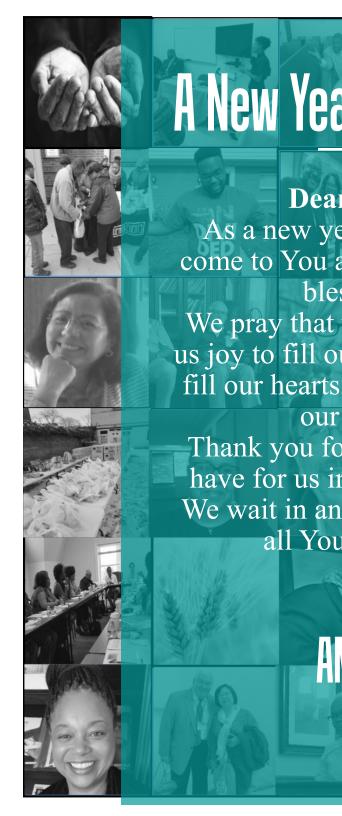
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- Click the link.
- 2 Send your gift.





Rev

Let everything that has

The Psalms are full of encouragement and percussion instruments to instruments were used rhythmically to being alive is obvious: "Producing."

The Mosaic laws had 613 rules, many or to behave like the nations surrounding and all kinds of things. But when it cam They used the same musical instrum difference is that they used their muscle!

Music is the language of the heart. The the heart is profane, then what come pure, then what comes out of the heart sound of words that makes them holy communication. We now have histor grew out of Canaanite dialects. So contemporary cultur

In today's musical culture we are bo indeed profane. It's profane because profane because it ignores God enti images and lyrics regularly portrayed of artists like are beyond deplorable, inc

that can be squeezed out of this kind the rest of society. It's really a scream for

Christian music today should employ of cultural expression. No other religion categories do you see for Moslem must there. It is the Gospel that has universyoung people and old people. Conse

and yellow, black or whit

mber

ed	Thu	Fri	Sat
2	3	4	5
el and aff eting DAM	10	11 OAM Team Meeting 10:00AM	12 Baptist Men
6	17	18 DCBC Christmas Fellowship	19
3	24	25	26
CE C	LOSED		
		Christmas	
0	31	New year's	2
CE C	CLOSED		

Mr. John W. Melton was born on May 26, 19 Autauga County, Alabama. He was one siblings were LeGrand, Daniel, Arthur, James,

John was an active young man with lots of a This determination would lead him to make of his life. He attended the Mount Olive Box excelled in both reading and arithmetic. success in many arenas over his life.

Feeling a higher sense of purpose, he served of the Army. As a soldier in the 3098th Quar apart. He was honorably discharged on Jo Following his honorable discharge, he relocated the suitable employment. While in Louisiana, hadmire as she walked to and from work even and they soon were married. To this union we father of Larry, Sr.

With his new wife, and young family in minimal independence and freedom for them. Whethe Huntley and Blazer Construction Comparation his wife, he and his family moved from Washington, D.C., at a time known as Choca African Americans to advance and make a with their daughter settled in the Northeo Capitol Hill. The first project that he worked of Labor. He was a dedicated and skilled la

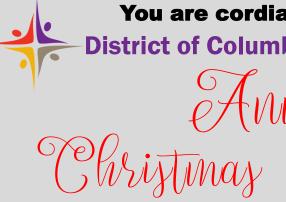
John, following strong sense of independence County, MD. However, he maintained in continued to enjoy the company of friends an entrepreneurial mind and often sold maintaining a side business.

a foreman. After many years of service he re Union Station restoration project within his ter

Jary

Ved	Thu	Fri	Sat
1 Sar's	2	3	4
8 apel and Staff Aceting :30/AM	9	10 OAM Team Meeting 10:00AM	11 Baptist Men
15	16	17 President/Vice President Orientation	18
22	23	24 Mental Heath & First Aid Training	25 Baptist Men
29	30	31 Work Leadership Team G2G	





Friday, Dece 11:30AN

RSVP By De 202.2

1628 16th Street, N

ola Baptist Convention NG BASKETS **BRING NONPERISHABLES ITEMS TO THE BAPTIST BUILDING BY** November 18

Rev. D

tempt to disrupt the peace and positive condividuals have learned how to deal with any one of those choices causes a deeper causes resentment, and disappointment. Be have decided to no longer let anyone in, human interaction. All because someone selves, and did not trust in God who is about mental, and emotional bondage. A text self-esteem, an action that was intended down to size"), purposely excluding some way harder, bullying (even adults do it -- gwith the spirit of Jezebel in the church, the sa spirit that needs to be noticed, a compermatter what the cost is to those around the self-esteem.

these traits co-occurs in one person. Jezek tention seeker. What a tangled storm of a assert that the Bible offers us a primary ex hurts people even when the issue is com

We have often heard it said that hurt pec many are exhibited through there acting of

Let's read Mark 5: 1 - 20. Here we find Jesu multiple demons/devils -- he was hurt on the a co-occurring, pre-existing situation that he co-occurring, pre-existing condition cause on. The change came though when he made his way to Jesus. The first thing were get them to Jesus. We cannot handle it conot suitable or trained to navigate them the Our prayer is that they, like the demoniac with Jesus - the one who can change their in this text, but for our purposes, the person get the hurt person to Jesus. However, if yo person who is hurting people -- you are the seeker, the manipulator, the boastful, the j

ance is contingent upon your worship of don't want anyone to know about that the breakthrough. The devil, demon, co-occ when you come in contact with Jesus. Wo and that Word will lead you to freedom. Li



Never r

Ephesian

Never be afraid to dip into the w passage reminds us that God's love any of us can When we were children, many of "treats" from a special jar that they location. At times we would locate

Unfortunately, when we would do to we would be forced to explain he cooki

Physically, this action would limit our Mentally, we would be apprehent However, our Heavenly father is not God doesn't hide our blessings from brand new mercies each as With this in mind, when I am in need or sick, or lonely. Whether I need a energy to make it through my day goodness and receive a blessing

needs. The better thing is, no meds. The better thing is, no medium supply never runs out. And there

I've come to realize that I need Him

And I'm not afraid now to re

mber

ed	Thu	Fri	Sat
4 and aff ting	5	6	7
ns Day Offices	12	13 OAM Team Meeting 10:00AM	14
8	19	20	21 Baptist Men
5	26	27	28
Th	anksgiving DCBC Offices	Holiday Closed	

Mrs. Eliza

pastor, is a member of Fort Foote Bap married to the late Deacon David Force). She has faithfully served in th currently a member of the Chancel C Prime Timers Ministry, the Cancer (Determined to Overcome Valley E wido

Elizabeth Swilley McElveen, affections

Mrs. McElveen is a retired educator various states. Her last assignment where she oversaw the Prince C Automotive & Construction Technology where students build and furnish a confageneral contractor. She is the module of a general contractor and four great

uary

d	Thu	Fri	Sat
	ONTHEMPOWERING CO. Ciling Out	ngregations rselves	Board of Directors and Standing Committees Orientation
	6	7	Baptist Men Mental Heath & First Aid Training (Youth)
and fing NM	13	14 OAM Team Meeting 10:00AM	15
9	20	21	Church Treasurer Training Reconciling Ourselves
6 I sday	27	28	29 Baptist History Mental Heath & First Aid Training (Youth)

Deacon Sonia Stanford is a for Memorial Baptist Church. She Food Pantry Ministry. Deacon Sunday School each Sunday She is married to James Stanf daug



Rev. Dr. Robert D.

They come each evenin roamin They wander in se and whine if the But I will sing of Y

> extol each morn for You have a refuge in

Psalm fifty-nine, **Adapted from**

There are times that I fear the people of above, some cause me to walk a little fas ators, even if they are not, even when the ness. How my fears affect my

Perhaps some real predators are not the who work around me. They finest threads, but they, too, wander aro fect my life negatively by taking advant sands through seeking their personal gain ing a predator

God, save me from the predators and become a growling dog as



Rev.

Everybody has an opinion on music in the church. Whether it is the style of music that should be allowed in the church, whether the lyrical content of the music is up to one's theological liking or whether the skill level of the musicians is up to one's personal standard – music is one of the most scrutinized aspects of church life. Sadly, as a result, music has in many ways become more about us than about God. Psalm 150 is about many things – where to praise God (e.g. in the sanctuary, in the highest heavens), why to praise God (e.g. for his acts of power, for his surpassing greatness), what to use in praising God (e.g. just about any instrument you can get your hands on, including your limbs, and that has everything breath). However, what Psalm 150 is not about is putting personal conditions on your praise. It doesn't say praise God with the dance if you like dancing, or praise God with the

ber

ed	Thu	Fri	Sat
VG! H	1	2	3
7	8	OAM Team Meeting 10:00AM	10
4 el and aff eting	15	16	17
1	22 DCBC 144th A	23	24
8	29	30	31

Sister Arthuryne J. Taylor, 102 founding member of Fellowsh tenacious she has served in mand a leader for a number Affectionately known as Marketionately known as Marketionat

her education roots retiring affor the National Education Ass is evident in her commitme

community of

On the occasion of her 100th b unveiled the Arthuryne J. Tay Founders Hall. She has a he believes in the power of prapeople, and graciousl

ed	Thu	Fri	Sat
	5	6	Baptist History Class Church Clerk and Trustee Training
Land ff ing	12	13 OAM Team Meeting 10:00AM	Baptist History Class The Lies They Tell: A Thieving Ideology
8	19	20	Sunday School Teachers and Directors Training "Learning By Heart" Baptist History Class
5	26 Lunch and Learn: Grant Funding	27	28 Rev. Dr. Robert Cochran

Retirement Celebration

Office of Communications A Thieving Ideology

Opportunities

Office of Empowering Congregations Sunday School Teachers and Directors

Office of Administration and Stewardship h and Learn: Grant Funding Opportunities/ Church Clerk and Trustee Training

of Equipping Leaders

The Older Adult Min congregations meet the mental, social, and spirit

- Providing resources and better utilize the gifts and experience
 - Assisting congre implementing, and susta prog
 - Providing quarterly cor themed fellowship
- Promoting a healthy und for the aging process an intergeneration



Rev. Dr. Robert D

Trust in God at all pour out you God i Men are m more placed on a they weigh eve

Psalm sixty-tw Adapted fr

In whom do I truly trust? I green helped me so, a parent, a tea me? In whom do I truly trust? person I knew intimately, a fridisappoint me? In whom do I truly as a senior adult, I felt that I co

God, teach me to be able to a dwell in me through Your Sp passing breath but rather that I Live through Your Spirit in me so trust i



Mrs. Lashanor M. D

It Remin

When I think of the word "praise," m about) rehearse how much God trucan't help but say, "Thank you, Jesu to m

God created us to worship. This po why to praise Him, what to praise H Him. I love that this Psalm leaves to breathing, this is speaking

Praise takes our mind off of our situation focus on our Creator, Jesus Christ—tus that we are God's children and the control of the control o

that He has already won the victor and every situation. It reminds us of that resting in Him allows us to rener fear because the Lord holds our comforted by His wings of protection is the Truth and He is the Life. It remines the EVERYTHING THAT HAS BREATH

References: Exodus 14:14, Psalm 2

praise today to our God who de

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ed .	Thu	F!	_
		Fri	Sat
<u> </u>	3 Mental Heath & First Aid Training (Youth	4	5
Land ff ing NM	10	OAM Team Meeting 10:00AM	The Blessing Series The UNDIVIDED Table Baptist Men
6	17	18	Public Theology and Advocacy Conference
3	24	25	26
0	Office of E Public T Confe Office of Ad Ment	MGS THIS I mpowering Concreology and Aderence/ Grant Writing and all Health & First the Office of Communicate Undivided Tal	gregations vocacy iting Stewardship t Aid

Blanche Louise (Ferebee) Harris, was bo Norfolk, Virginia. Her opportunity for edu in Princess Anne County, Virginia; ar Princeton Theological Seminary (PTS) i Baptist Church in August 2000

She is what some calls "A Late Bloomer, of her three children. She joking sho husband, Willia

Prison Fellowship and its Founder, Chucl ministry. While attending seminary in Nev State NJ. After moving to Maryland, she with the Clifton Park Baptist Church (CF Boyd's Correctional C

CPE training took her to Duke Universit furthered her education while visiting Columbia, S

The above opportunity that I believe Go part of her ministry experience. Second whom she ministers is most exciting

Last, but not least is her desire to trav traveled with the Lott Carey Baptist F Baptist, and most recently joined her C travel with them to

After graduation from PTS, she relocate She is thankful for the International trave take part in. What a blessing! She hopes members

She asks for prayers for her health, a sou be a blessing to family and others. In

ed	Thu	Fri	Sat
	2	3	"The Presence" Communications Workshop Mental Heath & First Aid Training
Land Iff ing AM	9	Good Friday DCBC Offices Closed	11 Baptist Men
5	D.C. Emancipation Day	17 OAM Team Meeting 10:00AM	The Blessing Series The UNDIVIDED Table
2	23	24	25 "Guest Services" Usher Training
9	30		

Deaconess Emeritus Erma Bo Foote Baptist Church. She faith over 65 years in several church to Maryland in 2012. Deacon Foote on July 29, 2012 and is a is a devoted member of the weekly Bible Study, the Prime T Women'

Deaconess Hines is a retired Florida school system for over to she developed two educe implemented in 5 Florida co programs was to motivate a dropped out of school. She daughter, 25 grandchildr great-great grands. She is true

Savior Je



O Lord, You have exam

This is beyond r it is a mystery Where can I

Your work is

I knov

R

It was You who crea You fashioned make I praise for I am awesom

Psalm one hundred thirty-n Adapted from

I sometimes long in this city for a form friends. We can be a friendless place. There are agendas. Too few of us share commare broken apart by the long hours loneliness that s

I have watched retirees begin to wo lives. Even at retirement parties the objectives change over time. The w themselves cut off from human relalive to work too readily and forget

Thank You, God, for reminding me stillness of Your voice sometimes crame that I have taken the time ne another person. Thank You, for You



Rev. Paula Mo

Why

What is praise?

When we talk about offering praise, we are to ship to our Creator, God.

Why is praising God important? There are coun First, God deserves to be praised.

"For great is the LORD and most worth gods" (Psalm 96:4).

"Great is the LORD and most worthy of fathom" (Psalm 145:3).

"I call to the LORD, who is worthy of pr (2 Samuel 22:4).

"You are worthy, our LORD and God, created all things, and by your will being" (Revelation 4:11).

By praising God, we are reminded of His g is reinforced in our understanding. "Pr to his name, for that is pleasant" (Psali Praising in faith transforms our spiritual env

Who is to praise God?

Human beings are designed to worship God. there are a variety of ways one can praise.

Praise can be expressed through singing and hands, kneeling, lying prostrate, etc.), through service, and giving. There is no right way or win truth it is all pleasing to God.

"Let everything that has breath praise the LOI

When should we praise?

Through it all! Loved ones, God is with us and comforting and loving us. He has known us fr breathe our last breath.

What a fitting way to end the book of praiseeverywhere and in every way. Praise the Lord

ust

d	Thu	Fri	Sat
,	iiiu		1
5	6	7	8 Baptist Men
2 el and off ting AM	13	14	15
9	20	21	22
6	27	28	29

Deacon Alonzo Yerby has been a mem the early 1960s. He is the most senior in He was born January 7, 1929 in Remo, N Yerby. He is the third youngest of four married Earnestine Nickens in October Due to limited occupational opportunity

early sixties, eventually bringing his fam a full time position at the Pepsi Cola B time position as assistant cook on the E at Pepsi Cola including tractor trailer d

He joined the Saint Mary's Baptist Chur Avenue, NW, Washington DC. The lat

the Founder and Senior Pastor. Deaco who is a lifetime

Deacon Yerby has served as a member deacon since joining Saint Mary's. Herby currently serves as chair/facilitate willingly makes himself available to as

whenever asked. Deacon Yerby is low Mary's, most who refer to him as Dad, I He is affectionately referre

Pastor, Rev. Do Deacon Yerby loves to spend his dow many weekends during the summer yo

on his riding lawn mower or trimming th and family members who still live th

relaxing and breathi Most precious to Deacon Yerby are his (Thomas), Veronica and Vanessa who

grandfather of three and great grand that the family that worships an



_					
ed	Thu	Fri	Sat		
ONT dship	CH	1	Women's Togetherness Tea		
5	7	OAM Team Meeting 10:00AM	9 Baptist Men		
3 Land off ting AM	14	15 Mental Heath & First Aid Training	Parliamentarian Workshop National Day of Service		
0	21	22	23		
Heath t Aid ning	28 Stewardship Committee Mental Heath & First Aid Training	29	30		

Somebody said God trans
God is C
Praise him 6
That Southeast go-go beat s

He was

Praise him e

For change H

He'll be there

That kid turned over plastic I drum solos outside the Gr He was there ...For C

Making joyful noises and ente Praise him there....F

Cymbals of More high hat.....crescence More co



Thu	Fri	Sat
2	Independence Day Observance DCBC Offices Closed	Independence Day
9	10	11 Ministry on the Mall
16	17	18 Ministry on the Mall
23	24	25
- Kio De Jenai	io, Brazii	Ministry on the Mall
30	31	
	9 16 23 - Rio De Jenar	2 3 Independence Day Observance DCBC Offices Closed 9 10 16 17 23 24 - Rio De Jenario, Brazil

Praise is something we give all the time and for most of us it comes naturally. We praise people for doing a areat job, for lending a helping hand or for simply completing a task. But, have we truly taken the time to stop and think about why we give praise. Psalm 150 explains it all and gives an invitation to praise and to acknowledge Yahweh, The Lord God Almighty. We need to praise Him with every breath; giving Him all honor and glory. The Hebrew word Halal means to praise, honor or commend and is the root of the word Hallelujah. Therefore, since Hallelujah is the highest praise; when someone says "Praise the Lord" our response must be Hallelujah! Praise unto the Lord can be expressed in many ways. We can praise through song, through dance and through musical instruments just to name a few. Even the birds through their singing, the sun through it's shining and the moon and the stars with their light all speak to the glory of our God. Since we as the creation of God love to be praised and since we are made in His image, just think how much God would love to hear how much we love Him. How he desires to hear our praise.



As a graduate of Howard Univers
B. Robinson is a licensed clinic
member of the DC Metro Chapt
Social Workers. She served the Di
Administrator for the Psycho
Department of Mental Health, E
Service Agency. Just prior to he
service, she functioned as the
Nursery, a program that addres
three (3) to six (6) who have spe
challe

Mrs. Robinson's advocacy for a member of the Eagle Academy Directors. She has served on inception in 2003. Her expertise is provides guidance to the so establishing policies and plar requirements for t

The faith-based community is all knowledge and wisdom. She is a Columbia Baptist Convention a Point Baptist Church in

Mrs. Robinson is a resident of the resides with h





Major L. Anderson was born on Months of seven children to the late Rev. Anthony Anderson. Born and rain Anderson attended public schools School class

Mr. Anderson entered into the Armand was assigned to the Army Air 1946 I was honorable discharg September of 1946 Mr. Anderson School of Engineering, majoring also studies at the American Commercial Law respectively.

Mr. Anderson is married to the lo Booker on July 1, 1948 and rem dea

On March 7, 2009, Mr. Ander Tuskegee Airman Chapter (E Documented Original Tuskegee)



ed	Thu	Fri	Sat
3	4	5	Young and Restless; Next Generation
O el and aff eting DAM	11	12	13 The Blessing Series The UNDIVIDED Table Baptist Men
7	18	19	20 Ministry on the Mall
4	25	26	27 Ministry on the Mall
RAII	NINGS T	THIS MO	ONTH

Office of Administration and Stewardship Mental Health & First Aid

Youth and Young Adult

Office of Communications The Undivided Table

Rev. Starlette Thomas, Minister to

Halle

Strike up the band! In Psalm musicians. If you have an instruboth the ones we have made "Let everything that has bree Peterson interprets the verse this living, breathing creature

No rehearsal, no robes, no soun there is life in your body, then the praise

And then the worship leader do after me. Hallelujah! His begir words of t

Described as the hymn book of leader says, "Lift every voice an praise: "Hallelujah!" This is the the final word. This is what it all I fitting end of our worship and

Glory. Hallel